

Emergency First Aid at Work

One Day (6 Hour) Practical Course



6 Hrs



In- House



Overview

This course is ideally suited to **lower-risk workplaces** where a risk assessment has identified the need for staff to possess appropriate first aid skills and knowledge.

Our **6 hour** course is presented In-House at your workplace, under the guidance of our specialist First Aid at Work trainers and uses the latest training techniques to maximise learner recall and confidence.

Who is the course suitable for?

- Staff working in lower-risk workplaces e.g. offices, shops, and libraries
- People new to first aid
- People needing to renew their basic first aid skills and knowledge
- Learners of all confidence levels and those with special requirements

What to expect

- Comprehensive trainer-led practical training
- Flexible start / end times to suit your workplace
- Free first aid manual for all learners
- Professional, qualified, and dynamic trainers
- Specialist advisors to help you manage your In-House booking
- Fully certified for 3 years
- Free online annual refresher

Location, Duration, and Numbers

This **6 Hour** Tutor Led Practical Training takes place at your place of work. You are free to choose the start / end times, however we recommend starting at approximately 09.00 to enable the course to finish by approximately 16.30

As per HSE guidelines we restrict our courses to **12 learners per trainer** - although there is no limit to the number of learners you may include as we can supply multiple trainers.

Refresher Training

The HSE recommend learners update their skills annually. Tigerlily Training provide **free online refresher** training.

Course content

- Roles & Responsibilities of the First Aider
- Assessing an Emergency Situation & Prioritising Action
- Unresponsive Casualty (Not Breathing)
- Unresponsive Casualty (Breathing)
- Choking
- Seizures
- Infection Prevention
- Severe Bleeding
- Shock (including internal bleeding)
- Burns
- Minor Injuries
- Assessment

Availability

This **In-House** course is available at your workplace on a date of your choosing

Assessment

Learners will be **continuously assessed** by our instructor throughout the course, and they must also complete a written assessment

Duration

This is a **6 hour** practical and theoretical course

Certification

On completion of the course learners receive an Emergency First Aid at Work **Certificate** valid for **3 years**, and meets HSE requirements.

Tigerlily Training are a **TQUK** accredited training centre

Your certificate will comply with the requirements of the Health and Safety (First-Aid) Regulations 1981

To book a course or for more information, call us today on **0300 3020 999** or visit **www.tigerlilytraining.co.uk**