

First Aid at Work - Requalification

Two Day (12 Hour) Practical Course



Overview

This is a requalification course and is only suitable for those who currently hold an in date FAW certificate. If your certificate has expired you are still able to attend this course, but the HSE recommends you attend the First Aid at Work (3 day course) if more than a month has elapsed since expiry. Please call us on 0300 3020 999 for further guidance.

Please note that the requalification course is an intensive course with very little practice time and designed for people whose certificate is still in date. If you do decide to attend the requalification course you will need to work at the pace of the course.

Candidates need a basic command of English (defined as Level 2). While we are often able to provide support to people who do not have English as a first language, our ability to do so is limited by the time available and the number of people who require assistance. We may be able to make special arrangements if requested in advance. Please contact us if you need any guidance.

What to expect

- Comprehensive trainer-led practical training
- Flexible start / end times to suit your workplace
- Professional, qualified, and dynamic trainers
- Specialist advisors to help you manage your In-House booking
- Free online annual refresher
- Fully certified for 3 years

Location, Duration, and Numbers

This **12 Hour** Tutor Led Practical Training takes place at your place of work. You are free to choose the start / end times, however we recommend starting at approximately 09.00 to enable the course to finish by approximately 16.30

As per HSE guidelines we restrict our courses to **12 learners per trainer** - although there is no limit to the number of learners you may include as we can supply multiple trainers.

Refresher Training

The HSE recommend learners update their skills annually. Tigerlily Training provide **free online refresher** training

Course content

- Roles & Responsibilities of the First Aider
- Assessing an Emergency Situation & Prioritising Action
- Unresponsive Casualty (Not Breathing)
- Unresponsive Casualty (Breathing)
- Choking
- Seizures
- Infection Prevention
- Severe Bleeding
- Shock (including internal bleeding)
- Burns
- Minor Injuries
- Anaphylaxis
- Fractures & Dislocations
- Spinal Injuries
- Further Wounds & Bleeding
- Drowning
- Extreme Temperatures
- Heart Related Conditions
- Poisoning
- Sepsis
- Stroke
- Asthma
- Diabetes
- Abdominal & Chest Injuries
- Head Injuries
- Sprains & Strains
- Bites & Stings
- Electric Shock
- Fainting & Panic Attacks
- Assessments

To book a course or for more information, call us today on **0300 3020 999** or visit **www.tigerlilytraining.co.uk**

Availability

In-House course available at your workplace across the UK on a date of your choosing

Assessment

Learners will be **continuously assessed** by our instructor throughout the course, and they must complete **written assessments**

Duration

This is a **2 day (12 hour)** practical and theoretical course

Certification

On completion of the course learners receive a First Aid at Work **Certificate** valid for **3 years**, and meets HSE requirements.

Tigerlily Training are a **TQUK** accredited training centre

Your certificate will comply with the requirements of the Health and Safety (First-Aid) Regulations 1981