

## AED + Basic Life Support

3 Hour Course



3 Hrs



In-House



### Overview

This **3 hour AED + Basic Life Support** course will give you with the confidence to act quickly and effectively if someone has a cardiac arrest, and will provide you with the skills to help a choking casualty.

This course is great as a supplement to your current first aid training however, **it does not meet the risk assessment needs or FAW/EFAW qualified first aiders, as per HSE guidelines.**

Tigerlily Training use scenario based training techniques as these are proven to maximise recall and provide learners with the skills, knowledge and confidence to act effectively when emergencies arise.

### What to expect

- Flexible start / end times to suit you
- Certificate of Achievement
- Professional, qualified, and dynamic trainers
- Suitable for new or experienced first aiders
- Fully certificated for 3 years

## Location, Duration, and Numbers

This 3 hour Tutor Led Practical Training course is held at your place of work.

As per HSE guidelines we restrict our courses to **12 learners per trainer** - although there is no limit to the number of learners you may include as we can supply multiple trainers.

## Refresher Training

The HSE recommend learners update their skills annually. Tigerlily Training provide **free online refresher** training.

## Course content

- Assessing an Emergency Situation & Prioritising Action
- How to find and use an AED
- Unresponsive Casualty (Child Breathing & Not Breathing)
- Unresponsive Casualty (Adult Breathing & Not Breathing)
- Choking

## Availability

This **In-House** course is available at **your workplace** on a date of your choosing

## Assessment

Learners will be **continuously assessed** by our instructor throughout the course

## Duration

This is a **3 hour** course

## Certification

On completion of the course you will receive a Basic Life Support **certificate** valid for **3 years**.

Tigerlily Training are a **CTQ** approved training centre

This is not a recognised workplace qualification for the purposes of the Health and Safety (First Aid) Regulations 1981

To book a course or for more information, call us today on **0300 3020 999** or visit **[www.tigerlilytraining.co.uk](http://www.tigerlilytraining.co.uk)**